

Nevada County Mental Health Board and Substance Use Advisory Board Minutes

Date:	January 3, 2020
Time:	9:30 a.m. – 12:00 p.m.
Place	Behavioral Health Department – 500 Crown Point Circle, Grass Valley

STANDING ORDERS

- 1. Call to Order and Introductions** – Self-introductions were made and a sign in sheet was passed around.
- 2. Public Comment.**

Members of the public may address the board on items not appearing on the agenda. Please understand that no action shall be taken on items not appearing on the agenda. Pauli Halstead commented on the recent the law enforcement involved shooting with concerns about why a high-risk individual was released, a convicted felon in possession of a firearm while under the influence. Shera Banbury would like to see medication added as a future agenda item. She has heard from people who have not been able to get medication due to a number of reasons: power outages, jail, hospitalization, etc. Shera described a recent visit to the Connecting Point/211 Office. Suggestion to invite Ann Guerra to a future Mental Health Board Meeting. Mathew Coulter commented on the environmental degradation happening from homeless camps. There are multiple homeless camps behind CVS.
- 3. Victor Community Support Services – Rachel Pena-Roos.**

A decision was made to re-schedule this item to another month.
- 4. Announcements**

Perla Dittmann announced that Granite Wellness Center was recently awarded a Youth Response Grant to build more robust treatment and prevention programs. Granite Wellness has an Opioid Summit coming up in May. Granite Wellness has a Children’s Program for youth with caregivers who are using. There is also a Family Recovery Program for family members of people who are using. Coming soon is a drop-in center on Tuesday and Thursday for teenagers in partnership with Nevada Union.

Annette LeFrancois announced the California Care Force Medical, Dental and Vision Free Clinic on January 11 and 12th at the Nevada County Fairgrounds. It is important to note that you must get a wristband the day before to receive services. Veterans do not need to get a wristband. Grass Valley residents can get a wristband on Friday and Saturday from 4pm to 6pm at the Fairgrounds. Truckee residents can get a wristband on Friday and Saturday from 2pm to 4pm at the Sierra Community House. See the flyer included in today’s handouts for more information. Hospitality House will be utilizing their van for transportation. The Gold Country Stage will also be providing free fare days on all routes.
- 5. Election of Mental Health and Substance Use Advisory Board Chair and Vice-Chair.**

The former Chair Nancy Ramsey has resigned from the Board. Amanda Wilcox is the current Vice Chair. Amanda Wilcox asked if there were any nominations for Chair. Iden Rogers made a motion to nominate Amanda Wilcox. The motion was seconded by Shera Banbury. All members present were in favor. We will postpone electing a vice chair.

6. Mental Health and Substance Use Advisory Board Minutes November 1st and December 6, 2019.

Correction on the November 1st minutes on page 2 under number 9, change the sentence to: the Nevada County Continuum of Care is potentially separating from the Placer County group. Ann Kelley made a motion to approve the minutes with the above correction. The motion was seconded by Shera Banbury. All members present were in favor.

Corrections to the December 6th minutes. Add that Nancy Ramsey resigned from the Mental Health and Substance Use Advisory Board. On page 1 number 3, Clarify PC100 as California Penal Code 1000. Page 3 number 13, Change the fourth sentence to: The Sheriff's Office will be releasing an RFP for the jail medical provider. Shera Banbury made a motion to approve the minutes with the corrections above. The motion was seconded by Ann Kelley. All members present were in favor.

7. Peer Support – Pauline Abrons.

SPIRIT Peer Empowerment Center has signed up for the Center for Nonprofit Leadership and will be signing up for classes with them. SPIRIT is working to set up a volunteer orientation. The center is also working on a one year and three-year plan based on staff, volunteer and participant feedback surveys. SPIRIT has come up with a better way to collect and track data.

SPIRIT has a morning meeting around 10:20 a.m.; the public is invited to attend. There are often speakers from other community organizations. The afternoon participation has dropped off. They have been showing movies and other activities to get better afternoon participation. There is a WRAP II Facilitator Training that may be postponed to a later date (February or March). There are several people who want to attend the WRAP II Training that need to complete WRAP I first.

Pauline handed out copies of SPIRIT's Annual Letter at today's meeting.

8. Truckee – Anne Rarick and Phebe Bell.

Anne Rarick reported that the Emergency Warming Center in Truckee has been open for 14 nights and the numbers of people are increasing. The Center has had to tighten up on rules: no alcohol, no smoking inside etc.

Phebe Bell reported Behavioral Health is still negotiating for a contract provider for the Tahoe/Truckee area in partnership with Placer County. This contract once approved would be for case management and wraparound services.

9. Forensic Task Force – Iden Rogers and Amanda Wilcox.

There was no meeting this month.

9. Continuum of Care – Pauli Halstead and Shera Banbury.

Pauli Halstead and Shera Banbury are both on the shelter committee. There is a focus on developing a Safe Ground Camp Program. People would be housed in tents with intensive services offered on-site. The Governor announced a request for public land, vacant buildings and fairgrounds as a resource to address homelessness. The committee is finalizing a draft that will be submitted to the Continuum of Care at the January 16th meeting at 1:30 pm in the Empire Room. The difficulty has been in finding a site that would be temporary until a navigation center or housing is built.

10. Law and Ethics – New Legislation – Annette LeFrancois. Handout.

There was a recent Law and Ethics Training presented by Linda Garrett JD for county staff and contract providers. Included in today's handouts are changes in law that pertain to healthcare.

11. Mental Health and Substance Use Advisory Board Goals. Handout.

Last year a subcommittee met several times and created several drafts in a new format that were never finalized or approved. On the California Association of Local Behavioral Health Boards and Commissions Website (<https://www.calbhbc.org/>) is a copy of the Annual Goals for Napa County's Mental Health Board. Phebe Bell took the two goals and added objectives and key activities specific to Nevada County. The handout is a rough draft for Board Members to review. Annette LeFrancois will email the new draft goals and the most recent approved goals for Board Members to review. This will be added to next month's agenda.

12. Behavioral Health Directors Report – Phebe Bell.

Phebe mentioned when public tragedies happen; it is not something that can be discussed in a public setting.

Phebe gave an update on challenges of a day center for homeless individuals. The option to build is dependent on applying for the next round of tax credits. Leasing a place that is physically suitable, in a location that is useful to people, where we can add showers and there are no use restrictions has not been found. Staff have scrambled to look at properties that become available and for one reason or another none of them have worked.

One of our contract psychiatrist's Dr. Lin is becoming a County employee effective Monday. Behavioral Health has had a supervisor position that has been vacant for a long time and has been filled by Jeff Petersen on an interim basis. Jeff Petersen has been chosen to fill the supervisor position. With grant funding, Behavioral Health now has two personal service coordinators to work with substance use disorder clients in transitioning to different levels of care that were hired through a contract provider. Currently every residential treatment bed for substance use disorders is full. There is a waiting list and typically when a bed becomes available it is held for the person on the waiting list for 24 hours. There are problems when the person can't be found or agrees to take the bed and then does not show up. Behavioral Health is working to maximize utilization, while remaining fair to individuals who are homeless and not easily reachable. The good news is that lots of people are accessing treatment.

It is the beginning of the County budget development season. The Governor will be releasing the State budget soon. That will shape the County's budget revenue. County departments are currently working on budget narratives and the budget kickoff is at the end of February. Behavioral Health has over 70 contracts and is working to get contracts approved so that they are ready to go on July 1st.

Board and Cares are residences with supportive services often used for behavioral health, developmental disabilities and senior care. Nevada County does not have any Board and Care homes. Board and Cares have been in the news as many have been closing as the payment mechanism is out of date and does not cover the costs. Los Angeles County has been advocating for fixes for the Board and Care system: higher rate of reimbursement, supplemental funds that can be used for infrastructure (fixing up and repairing run down facilities) and financial patches. Behavioral Health directors have asked the Governor funding for Board and Cares.

There have been many attempts to re-purpose MHSA funds to meet other needs. There has been discussion on how to protect MHSA funding for the purpose it was intended for with possible legislative fixes and potentially a ballot measure.

Mental Health Services Act (MHSA) Report – Priya Kannall.

The Request for Proposal (RFP) was released for Prevention and Early Intervention (PEI) Programs for Western Nevada County. There will be a separate process for Eastern Nevada County. January 9th there will be an RFP conference for Western Nevada County to answer any questions potential providers may have. Priya asked if anyone from the Mental Health Board wants to volunteer for the panel to score proposals to let her know. There will be more focus on providers taking ownership of tracking and collecting their data and outcomes; we no longer have a 3rd party evaluator to help with this. There are some onerous State regulation evaluation requirements that we will have a 3rd party help with such as demographic and referral information.

Behavioral Health is working on progress reports for Fiscal Year 2018/19 which ended in June 2019. This year we will be working with a graphic designer to summarize our Full Service Partnership (FSP) outcomes to show the impact of these programs. Nevada County's first MHSA audit will be on April 7th and 8th.

Behavioral Health has submitted their Revenue and Expenditure Report (RER) for Fiscal Year 2018/19 for Mental Health Services Act (MHSA). It is a reconciliation of what we spent, where we spent it and other revenue such as Med-Cal and Realignment for the MHSA Programs. It shows that we leverage MHSA funds with Medi-Cal revenue. Last year in CSS we spent about 3.2 million, our revenue was around 3.8 million. Our spending was less for several reasons. Administrative costs were less due to lower staff costs, vacant staff positions and staff time spent on other projects like grants. This information is posted on the Behavioral Health website on the MHSA page: <https://www.mynevadacounty.com/473/Mental-Health-Services-Act>. Priya reviewed the Revenue and Expenditure Report and showed a PowerPoint of this information. The Prudent Reserve balance is within the State guidelines. Priya also reviewed an MHSA Transparency Dashboard on the Mental Health Services Oversight and Accountability Commission website: <http://transparency.mhsoac.ca.gov/Overview>. The interactive site lets you see how counties are spending their MHSA dollars.

14. Communication – Future Mental Health Board Agenda Items.

Email future agenda items to Annette LeFrancois at annette.lefrancois@co.nevada.ca.us.

Below is a list of future presentations and speakers that Mental Health and Substance Use Advisory Board members have suggested.

- a) Client Satisfaction Surveys, Yvonne Foley
- b) Toby Guevin, Suicide Prevention Coordinator
- c) Granite Wellness Center
- d) Medication Issues
- e) Sheriff Shannon Moon
- f) 211/Connecting Point
- g) Project Heart
- h) Lyn Demartini, PhD

ATTENDANCE:

Members Present: Amanda Wilcox, Iden Rogers, Ann Kelley, Janice Deardorff, Laura Preston, Anne Rarick, Shera Banbury.

Excused Absent: Supervisor Hall, Lori Malone.

BH Staff: Phebe Bell, Annette LeFrancois, Priya Kannall.

Visitors: Pauline Abrons, Perla Dittmann, Rachel Pena-Roos, Pauli Halstead, Mathew Coulter.

Minutes by Annette LeFrancois