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## Friday Memo for 6/16/2017

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### Heat Risk and Cold Water Safety

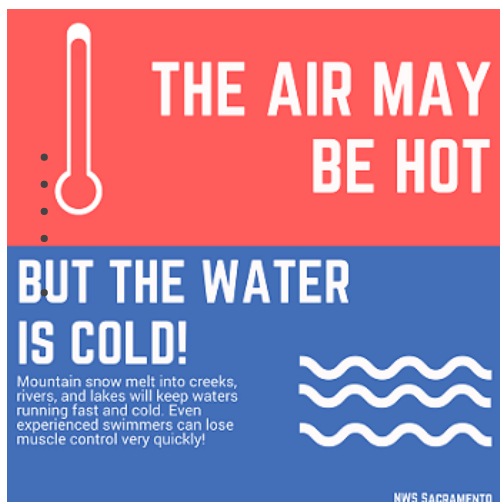
The [National Weather Service](#) is predicting high temperatures this weekend and has issued a heat advisory for our area. Be aware of heat risks

and fast running cold water.

#### Ways to Prepare for a High Heat Risk:

- Drink extra water
- Wear light-colored clothes and sunscreen
- Reduce outdoor strenuous activities from 10:00 a.m. to 4:00 p.m.
- Help elderly, kids, and pets to stay cool
- Plan to be in air-conditioned buildings

During high weekend temperatures visiting local rivers is tempting, but is also deceptively dangerous. Hot temperatures will cause an increase in mountain snow melt, and keep our rivers running cold and fast. If you decide to take a trip out to the river, take extreme caution and consider wearing a life vest near the water.



#### Cold Water Safety:

- Wear a life vest
- Keep a close eye on children
- Alcohol enhances hypothermia
- Even experienced swimmers can lose muscle control very quickly
- Fast-flowing water will make rescue difficult

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## Nevada County Airport and Lee Ocker Nominated for Prestigious FAA Award



At the Western-Pacific Airports conference in Anaheim this week, the Nevada County Airport and Airport Manager, Lee Ocker, were nominated as one of four candidates for the prestigious Herman C. Bliss Airports Partnership Award. The Western-Pacific Airports region includes California, Nevada, Arizona, Hawaii, and the sovereign and territorial islands of the Pacific.

The Herman C. Bliss Airports Partnership Award (created in 2005 to recognize the service of long-time FAA Western Region Airport Division Manager Mr. Herman C. Bliss) is awarded to an airport, a consultant, a state or local government employee, or an organization that has provided unparalleled leadership in at least one of the following areas:

Developed and/or implemented specific programs or activities resulting in enhanced airport/aviation safety  
Performed outstanding and/or unique accomplishments, directly linked to airport/aviation safety, or in support of airport programs

- Developed/implemented other noteworthy accomplishments that have provided substantial benefit to aviation within the Western Region

While Los Angeles World Airports (LAWA) with LA/Ontario (ONT) ultimately won the award, it is a great honor that our Nevada County Airport (KGOO) and Airport Manager Lee Ocker were listed shoulder to shoulder with three major airports as the award nominees.

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## Library's Marian E Gallaher MD Amphitheater Grand Opening



On Monday, June 12th, at the Madelyn Helling Library's Grand Opening of the Marian E Gallaher MD Amphitheater,

the wonderful band *Beaucoup Chapeaux* kicked off the summer series *Musical Mondays at Madelyn's*. The series is a collaboration with InConcert Sierra, and brings local musicians to our new outdoor amphitheater every Monday between 11am and noon through July 31st. Next Monday, June 19th, Harpist Sage Po will be performing. Music lovers of all ages are welcome to bring a blanket or chair and enjoy the music!

To find more information on *Musical Mondays at Madelyn's*, visit the Nevada County Library's [event calendar](#) or their [Facebook page](#).

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## California Legislature Passes 17/18 Budget Package

Thursday evening, June 15<sup>th</sup>, the California Legislature passed the 17/18 budget package. This year's budget package totals \$125 billion in General Fund revenue and includes over a dozen trailer bills that address significant policy ranging from cannabis regulation, employee orientation mandates, state agency reorganization, and In-Home Supportive Services (IHSS).

Most notable for counties this year, Governor Brown's 17/18 January budget proposal included devastating reductions in the State's contributions to IHSS programs, which would have resulted in approximately \$625 million in new county costs statewide. In the 17/18 budget package passed Thursday, the IHSS trailer bill will implement the Governor's May Revision proposal, mitigating the fiscal impact and resulting in significantly reduced overall county contribution in comparison to the January budget proposal.

The California State Association of Counties (CSAC) has released a [summary](#) of the 17/18 California State Budget approved by the State Legislature. Read the full summary, including additional details on budget items of importance to counties, on [CSAC's website](#).

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## Nevada County Public Health Community Partnership Presented at National Conference



The on-going partnership between Nevada County Public Health and Interfaith Food Ministry was recently profiled at the prestigious, biannual National Childhood Obesity Conference held in San Diego. Lynne Lacroix, a contractor in Public Health's Nutrition Education and Obesity Prevention (NEOP) program, presented as part of a panel entitled, "Tales of Community-Driven Change from the Perspectives of Residents, Health Departments, City Hall and Academia." With nearly 200 participants in the room, Lynne's presentation focused on how Nevada County Public Health has worked with and supported the local food pantry's adoption of a healthy food-focused nutrition policy. Importantly, Lynne discussed how this policy was informed by Interfaith Food Ministry's own clients' perspectives and opinions through surveys and key informant interviews, as well as the focus and direction of Interfaith Food Ministry's

leadership. She also addressed the value that a systems-focused approach can bring to community partnerships and to promote change at the organizational level.

For more information on the project or her presentation, please contact Lynne Lacroix at [lynne.lacroix@co.nevada.ca.us](mailto:lynne.lacroix@co.nevada.ca.us) or at (530) 265-1453. You can also read the nutrition policy itself or the evaluator's report capturing the food pantry client feedback on the [Interfaith Food Ministry website](#).

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## Elections Historical Archived Election Results, Maps, and Information

The Nevada County Elections Department has a new website feature: [Historical Archived Election Results, Maps, and Information](#). Find [maps](#) dating back to the June 2012 Presidential Primary Election with statistics specific to Nevada County and our precincts. This new feature allows you to visually search our County's election results and easily find information such as total cast votes countywide, per precinct, by ballot measure, or by offices up for election.

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## Juvenile Hall Offers Fitness Program to Youth



The Juvenile Hall, in collaboration with Body and Mind Fitness Group (BAM Fitness), offers a fitness program for Juvenile Hall youth and Transitional Age Youth (T.A.Y.) to learn new skills, release excess energy in a positive way, and exercise. This program is group oriented and led by an instructor. The program is designed to build comradery, social skills, belonging, and self-esteem for the participants. It teaches and emphasizes proper exercise techniques and understanding of body mechanics for a safe and beneficial workout experience.

An average BAM Fitness program will begin with a warm up and stretching drill, followed by a full body strength and cardio-focused circuit, and end with a cool down routine. BAM Fitness offers a variety of equipment that is safe to use in the facility. They have created a wide range of workout circuits and exercise routines from pull up bars and "Battles Ropes" to "TRX bands" and boxing equipment.

The youth participate in a "Fitness Challenge" where they complete a series of tasks for time, practicing healthy competition amongst each other and themselves. For the participants, BAM Fitness is a much appreciated getaway from the everyday routine. This program has the highest participation out of Nevada County Juvenile Hall's non-mandatory programming options. BAM Fitness is held twice a week for both Juveniles and T.A.Y. The participants leave with priceless knowledge and sometimes a passion for something they hadn't had before.

For more information please contact Probation Program Manager, Mike Sypnicki, at (530) 470-2601.

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