

4th annual  
**Fruit &  
Veggie Fest!**



This celebration is **free** to the public and includes fun and educational activities for the whole family!

**Friday, May 15th  
11:00 a.m. – 2:00 p.m.**

**JOIN THE NEVADA COUNTY  
DEPARTMENT OF PUBLIC HEALTH  
AND GROCERY OUTLET**

**Grocery Outlet  
616 Sutton Way  
Grass Valley**

- Get **healthy and delicious recipes**
- **Learn tips** to include fruits and vegetables in every meal and snack
- **Sample tastes** of yummy water and smoothies
- Learn about CalFresh
- Free **cookbooks & recipes**
- **Snapshot of a Healthy YOU Photo booth!**



**GROCERY  
OUTLET**  
bargain market

UNIVERSITY of CALIFORNIA  
cal fresh Nutrition Education