

Novel Coronavirus (COVID-19)

Homeless Resources Fact Sheet

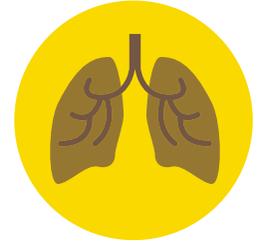
Symptoms



Fever



Cough



Shortness of
Breath

Symptoms may appear 2 to 14 days after exposure

Slow the Spread



Wash Hands



Cover Cough



Avoid Those Who
Are Sick

If hand washing is not available, use hand sanitizer with at least 60% alcohol

Social Distancing

- Avoid public gatherings, especially if sick people are present
- Maintain a minimum 6 feet of distance from others
- Avoid sharing objects
- Wash your hands and sanitize surfaces

If You're Sick

- Avoid close contact with others to limit spread
- If symptoms are mild, treat in place with OTC fever reducers, rest and fluids
- If symptoms are severe or worsen after getting better, call medical provider and seek care

Medical Resources

Western Sierra: (530) 274-9762
Sierra Family: (530) 292-3478
Chapa De: (530) 477-8545
Yuba Docs: (530) 274 - 5020
Sierra Nevada Hospital: (844) 263-5147
Tahoe Forest Hospital: (530) 536-6013

Call 211 for information: 1-833-DIAL211

HOME Team

The HOME Team can assist with sick unsheltered homeless individuals.

Contact them by:

- Phone: (530) 470-2686
- Email: HOME@co.nevada.ca.us
- After Hours, Weekends: Call 211 at 1-833-DIAL211

